

PARENTAL CONSENT FORM

I understand that the staff of the Crusader Football Camp may have to act in emergency situations requiring medical attention for my son, and I agree that they have my permission to do so. I hereby release the Crusader Football Camp, its staff members, and St. Croix Lutheran High School and Association for any claims of liability for any injury incurred by my son while at camp. It is further agreed that all risks associated with participation in this camp are assumed by the student and his parent(s) or guardian(s), who are also responsible for all medical costs incurred in case of injury while in attendance at the Crusader Football Camp.

PARENT/GUARDIAN SIGNATURE

DATE

Please detach this registration form and send it with your payment to:

Activities Director
St. Croix Lutheran High School
1200 Oakdale Avenue
West St. Paul, MN 55118

This form is also available online at
www.StCroixLutheran.org/sports.

OTHER SCL ATHLETIC CAMPS

Crusader Fastpitch Softball Camp

Open to girls in grades 4-9, the camp will be held on two Sunday evenings: March 4 & 11, 2012, from 6-8 pm. Instruction will focus on the fundamentals of fastpitch softball.

Crusader Basketball Camps

* Girls entering grades 5-9: June 11-15, 2012
* Boys entering grades 4-6: June 18-22, 2012
* Boys entering grades 7-9: June 25-29, 2012
Instruction will focus on individual fundamentals within a team setting and emphasize solid person-to-person defense and strong offensive skills.

Crusader Volleyball Camp

Open to girls entering grades 6 through 9, the camp will be held July 23-26, 2012, and will teach fundamentals, defensive skills and offensive strategies.

Crusader Soccer Camp

Open to both boys and girls entering grades 5 through 9, the camp will be held July 30 - Aug. 3, 2012, and will teach solid fundamental skills, stressing techniques over tactics.

Golf Camp

Open to both boys and girls entering grades 6 - 12, the camp will be held July 23-25, 2012, and will emphasize techniques and skills that are vital to understanding and playing the game of golf. Students of all skill levels are encouraged to attend, and it's great for advanced golfers, too.

Crusader Wrestling Camp

Open to boys entering grades 3 - 9, the camp will be held July 9-13, 2012, and will teach the fundamentals of wrestling; the skills and techniques that it takes to compete in the sport of wrestling as well as the self-confidence and self-awareness needed in this uniquely individualistic team sport.



1200 Oakdale Avenue ■ West St. Paul, MN 55118
651.455.1521 ■ www.StCroixLutheran.org/sports

2012 ST. CROIX LUTHERAN ATHLETIC CAMPS



FOOTBALL

August 6-10, 2012



SCL 2012 CRUSADER YOUTH FOOTBALL CAMP

When: Monday–Friday, August 6-10, 2012

Time: 9:00 am to noon

Who: Boys entering grades 6–9

Cost: \$55.00

St. Croix Lutheran is excited to have a top level football camp in its busy schedule of summer camp activities.

The St. Croix Lutheran camp philosophy is to teach solid fundamental skills in football. The staff will emphasize techniques that are vital to the athlete in understanding and playing the game of football. Young men just beginning their football training are encouraged to attend this camp.

Emphasis will be placed on the positive mental attitude in performing football skills. It is our goal to provide these solid fundamentals in a relaxed, yet enthusiastic atmosphere.

The purpose of the Crusader Football Camp is to cultivate, in the athlete, interest and excitement for contact football. He will be encouraged to take pride in reaching the highest level of achievement possible.

Instruction will cover all positions, developing the skills of passing, catching, running, tackling, blocking, kicking, punting, and snapping. This camp will be a very productive experience for young men just learning the skills needed to participate successfully in football.

CAMP STAFF

Carl Lemke, varsity football coach at St. Croix Lutheran, will direct the camp. He will be assisted by the rest of the Crusader football coaching staff.

COST

The camp fee is \$55. This includes instruction, awards and a camp t-shirt. The full \$55 should accompany the application. All applications should be received by July 21, 2012. ***A camper is automatically accepted unless contacted within one week of receipt of registration form.***

EQUIPMENT FOR CONTACT FOOTBALL

This camp is a very unique experience because athletes wear shoulder pads and helmets, which will be issued by St. Croix Lutheran. This equipment will be used in a controlled setting to teach athletes proper blocking and tackling form and give them a taste of limited contact. Actual game-like situations will be set up. Athletes will be matched according to their age and ability.

CAMPERS

Each camper should be dressed and ready for physical activity every day. Proper athletic shoes, socks, shorts, etc. should be worn. Campers are asked to bring their own towels and locks. Lockers and shower rooms will be available for use.

All campers must supply their own health and accident insurance coverage. All campers should be in good physical health as they will experience strenuous days of football.

The deadline for applications is July 21, 2012. Camp enrollment is limited. If you have any questions, please call Coach Lemke at 651-455-1521, x104, or clemke@stcroixschools.org.

SCL 2012 CRUSADER YOUTH FOOTBALL CAMP REGISTRATION FORM

Registration Deadline: July 21, 2012

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| NAME | SCHOOL | CITY |
| ADDRESS | HEIGHT | |
| CITY | STATE | ZIP |
| PHONE (day/emergency) | GRADE ENTERING NEXT YEAR: | 6 7 8 9 |
| | T-SHIRT SIZE (ADULT SIZING): | S M L XL |

The full payment of \$55 should accompany this form; please make checks payable to St. Croix Lutheran High School. ***Be sure to read and sign the back of this form.***